

# FROM WELFARE TO MILLIONAIRE

Sandy Forster

I gaze out my large windows at my own personal tropical oasis. 2 beautiful acres including a spring fed dam surrounded by trees and manicured lawns. I live in an amazingly beautiful 14 room home only minutes from my favorite beach; drive a stylish silver Landrover Freelander; travel overseas whenever I fancy, attending all the personal development workshops and seminars I want. I take myself and my children on wonderful adventures around the world and have a lifestyle many people adore. I'm a Success Mentor to tens of thousand of people, an international speaker, a bestselling author and internet marketing expert!

As I write this, I feel a sense of gratitude flood my body as I gaze upon the family of wild kangaroos and their joeys feed on the lush green grass of my property and reflect on my journey over the past 5 years from welfare to millionaire.

After my husband left me with a 6 month old and 3 year old, I lived in constant struggle for many years. I was working seven days a week in my clothing business which I no longer enjoyed, had over \$100,000 of debt and was surviving financially through welfare. My future looked bleak and to say I was stressed about money was an understatement.

My entire life revolved around money or, more precisely, the lack of it. Money consumed me; frustrated me, annoyed me and scared me, and it most definitely eluded me. When it came to creating wealth, I felt powerless, hopeless, useless and worthless. I knew deep down inside I was a good person, so why was my life such a shambles? What had I done to deserve this? "What was wrong with me?!"

Then I discovered there's a secret to getting everything you could ever want in life. It's really simple; in fact, it may be something you have heard about, or understand already. There is a law, a Universal

Law, which states, “We attract whatever we choose to give our attention to – whether wanted or unwanted.” The result of this law is this: if you continue to focus on the lack and limitation in your life, you will continue to create and attract more lack and limitation. If you instead focus on the wealth, abundance and prosperity that is already present in your life – no matter how small it may currently be – then you will instead begin to create and attract more wealth, abundance and prosperity.

For some people, this comes naturally. For others (like me), this can be a slow and arduous journey. Through my many money failures, mistakes and unwise decisions when it came to practical money-making steps, I have been fortunate enough to develop a passion for ‘what makes people rich.’ It is through this passion that I have been able to create my own incredible wealth, and now, share these secrets with people across the globe.

My first thought was, “Okay, just focus on prosperity, wealth and riches, then that’s what I’ll attract.” However when you’re raising 2 small children on your own, have \$100,000 of debt, making \$15,000 a year and constantly can’t pay the bills, keeping your focus on abundance is NOT an easy thing.

However, you have a choice as to where your energy or attention is focused. You can choose to focus on what is working in your life and what you want more of, or you can choose to focus on what isn’t working and what you don’t want. Either way you get more of whatever it is you focus on.

I adore sharing everything I know with anyone who will listen – including my children, constantly telling them, “What you focus on becomes your reality.” When I was in my stage of attracting money, but it was flowing out just as fast, my daughter would say, “Blah... blah...blah. We don’t need a lecture about that spiritual stuff, it doesn’t work anyway! We’ve still got no money.”

And that was the truth. We were still struggling financially even though I was saying my affirmations and visualizing what I desired a

couple of times a day. The problem was, the rest of time I was seeing bills and feeling my solar plexus tighten. I was experiencing fear, worry and panic about where the money would come from, that I would never have enough, that I would be struggling forever.

I had to stop and look at what I was creating for myself when my daughter, who was around twelve at the time, came to me the day before her school dance and said, “Mum, I need some new shorts for the dance.”

Now I need you to really get this picture – I was having a really tragic week financially. I’d had a check bounce, a few bills had come in, including a red-letter bill (those scary ones), and I was beginning to go into my usual panic mode around money.

So the conversation went a little like this... “Can you buy me my shorts and shoes? I really need them!” “Darling, I don’t have the money right now.” “You never buy me anything; I have to have them!” “Darling, I said I don’t have the money.” “Can’t you just put it on your credit card?”

The credit card was up to the limit, so that wasn’t an option and by this time I’m starting to freak out. I am seething with all sorts of very negative, very strong emotions. Frustration, because even though I was making good money, it was disappearing; embarrassment, because I felt so hopeless at managing my money; guilt, because I felt like a bad mother for not being able to buy things for her; sadness, because I knew how disappointed she would be because she’d be missing out once again and anger, because she was asking me for something I just didn’t have. Unfortunately, anger was winning, and the picture was not pretty.

The veins on my temples were throbbing, my eyes were bulging out of their sockets, I was hissing through gritted teeth, had spit flying out of my mouth and I’m sure there were traces of steam coming out of my ears as I screamed like a banshee going to war, “I don’t have the money to pay all our bills! I’ve got to try and pay the phone bill before they cut it off. We just don’t have the money –

don't you understand? We're broke right now! WE DON'T HAVE ANY MONEY!"

She looked me squarely in the eye and in all the wisdom of her twelve years upon this earth said to me in her most disgusted tone, "Well, if that's how you FEEL whenever you think about money – the Universe is NEVER going to make us rich."

And I felt like someone had just punched me in the stomach. In that moment, plain as day, I could see why I was still struggling financially. I was attaching my strongest emotions – all negative – to the one thing I wanted most. And in doing so, I was repelling it. I was pushing money away. I was making sure it didn't stay long enough for me to enjoy.

My emotional outburst was not about having money; it was about NOT having money. So 'not having money' was the dominant vibration or energy (or order), that I was sending out to the Universe day after day. And the Universe was picking up that 'not having money' order and giving it straight back to me, day after day.

I was blessed to be shown that although I thought I was focusing on the prosperity I desired, I was actually focusing on what I didn't want, and so kept re-creating it over and over. Since that fateful day, by changing my focus and cultivating a 'Millionaire Mindset', I have gone on an amazing journey from marketing a personal development course to becoming a Life Coach, to creating a number of highly successful coaching and mentoring businesses which focus on showing others how to create a life filled with prosperity, abundance, success and happiness.

I have gone from welfare to millionaire through doing what I LOVE. I show others how they can do the same. By doing what makes your heart sing, the way will be shown, opportunities will arise, contacts will be made and you will tap into that limitless flow of success and prosperity. I teach people world wide how to tap into that limitless stream of abundance and success through the metaphysical AND by applying simple practical strategies.

What was my biggest challenge – relentless money struggle – turned into my biggest opportunity – teaching you how to be wealthy, abundant and RICH beyond your wildest dreams! I offer free resources at [www.WildlyWealthy.com](http://www.WildlyWealthy.com) and show others across the planet how to be Wildly Wealthy FAST through live teleconferences, seminars and workshops and generally get to spend my days ‘playing’ at what I love. Life doesn’t get much better than that.

The best thing is, I share my knowledge with conviction – knowing that although I had no great education, no money behind me, no connections and no real idea what I was doing, simply by persistently and consistently visualizing, affirming and focusing on what I DID want, I have been able to create a life I love.

Remember, no matter what life throws at you don’t give up, keep focusing on what you DO want – because if I can do it, anyone can – including YOU!

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**Sandy Forster** is an International speaker, Millionaire Mindset Mentor, Bestselling Author, Award-Winning Business Owner and mother of two beautiful children. Sandy has a passion for showing others how to create a life filled with richness, prosperity, success and happiness in an easy to understand, empowering and extremely fun way! Visit her websites today for your own FREE prosperity resources - [www.WildlyWealthy.com](http://www.WildlyWealthy.com) and [www.SecretMastermind.com](http://www.SecretMastermind.com).